

```
// For Article: "Extending SQL Azure with Azure worker role"

// complete code not shown

// setup()

while (true)
{

DateTime SynchronizationTimeVar =
new DateTime(DateTime.UtcNow.Year, DateTime.UtcNow.Month, DateTime.UtcNow.Day, 22, 0, 0);

    if (DateTime.UtcNow > SynchronizationTimeVar)
    {
        // sync()
        // Optional: Thread.Sleep(<value_in_mili_second>);
    }
}

// Note: by setting value of Thread.Sleep(), you optimize the code as loop is run only after the specified
// amount of time
```